

## **Facts About EMF**

**What Are EMF's?** Very simply put, EMFs are electromagnetic fields, invisible lines of force that emanate from any electrical or wireless device. The surface of the earth is also an EMF, so you can imagine with all these devices there's a chaos around everywhere. It's an invisible energy like the chaotic energy of someone with ADD or ADHD.

Source http://www.earthcalm.com/what-are-emfs

Infographic Source <a href="http://wariscrime.com/new/killing-electromagnetic-fields/">http://wariscrime.com/new/killing-electromagnetic-fields/</a>

Why Are They dangerous? Wireless EMF signals can cause headaches, tinnitus, anxiety, insomnia, cognitive and heart problems, and more. Children are especially at risk. Simply put, these devices pull CQ10 and minerals out of our bodies, leaving our personal battery on 0-1%, limiting our immune fighting minerals so we are left vulnerable to anything.



When we spend time, literally barefoot on the earth or ground we do recharge because the earth is an EMF field. This is rare for us to do during the winter months, and for those who live in big cities. Being unable to earth or ground is often linked to one of the reasons so many people get very sick (or the flu) during winter months. Those people do not have a chance to recharge their inner battery.

Source <a href="http://emfsafetynetwork.org/wirless-kills/">http://emfsafetynetwork.org/wirless-kills/</a>

Why We Need to Remediate our Technology? A Julie E Health Simple Solution is a sticker placed on all your wireless electronics that turn your phone/device from harmful into a healing tool. The stickers have a program running within the hologram which alters the EMF signal converting it into beneficial energy. Stickers are available for purchase from Julie E Health in Redondo Beach and online at <a href="EMF Stickers">EMF Stickers</a>

## Practical Steps to Eliminate EMF damage to your health.



- Removing headsets when not on a call
- Avoiding products that claim to block radio frequency energy. These products may increase your exposure.
- Purchase EMF Stickers from Julie E Health and place them on all your electronics.
- Vastu your home, this is a way to remediate the EMF's on your entire property
  by providing beneficial energy everywhere, especially where you sleep. Offered
  as a specialized comprehensive service by Julie E Health. To learn more email at
  julie@julieehealth.com

For additional information <a href="https://www.emfanalysis.com/basic-steps/">https://www.emfanalysis.com/basic-steps/</a>

**Did you know?** If the **EMF** radiation produced from millions of mobile phones is enough to disorientate and **kill** 7 billion bees and this is because of the damage to their immune system, how much of an effect is this unseen radiation effecting the health of you, your family and your friends?

Source http://emfshielding.org/emf-kills-7-billion-bees-destroying-your-immune-system/



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